



Walkies for Parkinson's

Use this tracker to log your walkies
and see how well you're doing.

					Start	1 _____
2 _____		3 _____	4 _____	5 _____	6 _____	7 _____
8 _____	Amazing! Fetch a photo and write a post on your fundraising page to share why you're taking part.			9 _____	10 _____	11 _____
13 _____	14 _____	15 _____	16 _____	17 _____	Keep up the great work! Have you raised £75 to receive a rosette at the end of the challenge?	
18 _____	19 _____	20 _____	21 _____	22 _____	23 _____	24 _____
26 _____	27 _____	You're the top dog of fundraising! Thank you for helping us fund great care everywhere for people with Parkinson's.			28 _____	29 _____
		31 _____	Paw-some job!			



Share your photos with
#WalkiesforParkinson's